

“It’s cancer.” Now what?

Whether you’ve just heard those words or you’re going through treatment, cancer has probably turned your world upside down. We get it.

canTeen
Supporting young people
living with cancer

Getting the right information, advice, and support can really help. CanTeen is here to support you. We can provide individual support, help connect you with other rangatahi going through similar stuff, and offer online support through our service canteenconnect.org.nz.



We provide services and programmes specifically for rangatahi dealing with a cancer diagnosis:



Peer support:

connect with other rangatahi who understand what you're going through and have a break from cancer at our recreational events organised by our Youth Workers.



Individual support and therapy:

access free and confidential individual support and therapy. Our team are specially trained to understand the impacts of a cancer diagnosis.



CanTeen Connect:

an online community where you can connect with other rangatahi going through similar stuff, join online events, or chat to a CanTeen Connect counsellor. canteenconnect.org.nz



Rangatahi Development Grant:

a financial grant you can apply for that aims to support you to grow and thrive. There is an application intake every quarter and a select committee decides the recipients.



Therapeutic programmes:

connect with other rangatahi and develop skills to manage the impact of cancer on your life at one of our group programmes tailored to different cancer experiences.



CanTeen works with the The Adolescent/Young Adult (AYA) Cancer Network Aotearoa. AYA Cancer Network Aotearoa provides strategic direction and clinical leadership of AYA cancer care in Aotearoa. The goal of the Network is to ensure all rangatahi have equal access to the best cancer care available. ayacancernetwork.org.nz.

CanTeen Aotearoa

CanTeen supports rangatahi aged 13-24 impacted by cancer across Aotearoa, whether it's their own diagnosis or that of an immediate family member.

To find out more about our support services, visit canteen.org.nz, call 0800 2268 336 or email info@canteen.org.nz.

